

# **HEALTH STANDARDS**

## **MIDDLE SCHOOL**

CONCEPTS RELATED TO HEALTH PROMOTION AND DISEASE PREVENTION TO ENHANCE HEALTH.

INFLUENCE OF FAMILY, PEERS, CULTURE, MEDIA, TECHNOLOGY, AND OTHER FACTORS ON HEALTH BEHAVIORS.

ABILITY TO ACCESS VALID INFORMATION AND PRODUCTS AND SERVICES TO ENHANCE HEALTH.

USE INTERPERSONAL COMMUNICATION SKILLS TO ENHANCE HEALTH AND AVOID OR REDUCE HEALTH RISKS.

DECISION-MAKING SKILLS TO ENHANCE HEALTH.

GOAL-SETTING SKILLS TO ENHANCE HEALTH.

PRACTICE HEALTH-ENHANCING BEHAVIORS AND AVOID OR REDUCE HEALTH RISKS.

ADVOCATE FOR PERSONAL, FAMILY, AND COMMUNITY HEALTH.